



# Cristina BUJA

Bucharest, Romania

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[LinkedIn Profile](#)

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## WHY ME?

I am a psychologist and I work with my clients to help them get to know each other, to make pace in them and to really improve their quality of life. I am here for you too, to work together with attention, patience, empathy and gentleness, in a safe and confidential space.

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## EXPERIENCE

Oct 2011 **Psychologist ● Psychotherapist**

Present

- Individual psychotherapy
- Family and couple psychotherapy
- Personal and emotional development
- Parent education programs

Jan 2018 **Programs manager**

Present

**The Margareta of Romania Royal Foundation, Bucharest**

Managed a team of 10 employees. Programming activities for programs. Ensure implementation of operational programs. Monitoring and evaluating activities for each program. Develop general strategies for operational programs. Writing funding proposals. Managing and supervising the team. Making narrative and financial reports for all operational programs. Ensuring relationships with state authorities, NGOs, and other institutions with which there are collaborations or partnerships.

Oct 2018 **Parental education specialist**

Apr 2021

**The Margareta of Romania Royal Foundation, Bucharest**

Developing and applying counseling and parenting education program to reduce the risk of school dropout and the harmonious development of students and preschoolers in 3 educational institutions in Bucharest.

Sept 2011 **Psychologist – “Generations Community Center”**

Nov 2012

**The Margareta of Romania Royal Foundation, Bucharest**

Individual and group counseling for 50 children and 20 young people (over 350 hours of counseling). Parental counseling and group support. Educational and vocational guidance and counseling (min. 40 sessions/yearly).

Oct 2010 **Project Coordinator - “NEWA Germany”**

Feb 2012

**AWO Bremerhaven & The Margareta of Romania Royal Foundation**

Organizing meetings with representatives of seven European countries. Making a research on elderly care, representatives of state institutions and NGO environment. Editing a manual of best practice for working with the elderly.

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## EDUCATION

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- 2019 – 2021      **Integrative psychotherapy of trauma**  
Institute for the study and treatment of trauma
- 2009 - 2012      **Master's Degree - Individual, couple, family and group  
assessment, counselling and psychotherapy**  
Faculty of Psychology & Educational Sciences, University of Bucharest
- 2006 - 2009      **Bachelor's degree in Psychology**  
Faculty of Psychology, Spiru Haret University, Bucharest
- 2004 - 2009      **Bachelor's degree in Social Assistance**  
Faculty of Social Assistance, A. I. Cuza University, Iasi

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## COURSES

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**Medal Custodian of the Romanian Crown** - Royal House Of Romania

**Project Manager Diploma** - authorized by CNFPA

**Trainer Diploma** - authorized by ANC

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## PROFESSIONAL SKILLS

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### LANGUAGES

English      ●●●●●○

French      ●●●○●○

### PC SKILLS

Microsoft Office      ●●●●●●

WordPress      ●●●●●○

Content Writing      ●●●●●●

Social Media      ●●●●●○

### DRIVING LICENSE (2007)

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## PERSONAL WEBSITE

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[www.cristinabuja.ro](http://www.cristinabuja.ro)

- Writing 1000+ articles about child and adult psychology, parental education, family and childcare.
- Unique visitors – 38.000 average / month
- Facebook: 29.000+ followers
- Instagram: 1500+ followers